

"IN THE SPIRIT OF WELLNESS"

3rd Annual 5K Winslow Community Fun Run / Walk 2009

Saturday, June 6, 2009

All Proceeds to benefit
the
Joyce Ellen Smiley-Smith
Scholarship



## **T-SHIRTS**

T-shirts will be available the day of the event. Short sleeve: \$12.00

Sizes Available:

Adults: S M L XL Youth: S M L XL

Long sleeve: \$16.00

## **WATER / REFRESHMENTS**

Will be provided after the race.

## **PRIZES / AWARDS**

Prizes will be given to all participants ages 5 – 12.

Top 3 male and female runners will each receive an award.

## FIRST AID / RESTROOM

Nursing / First Aid station will be available along with restrooms in the school.

	EGISTRATION F		
Name:	print / one participa	ant per entry	_
Address:			_
City:	State:	Zip:	-
Phone: ()	RUNN	ER WAL	KER
· ·	e: \$10.00 – Make of <u>Joycie's Jaun</u> : Winslow Elemen Attn: Joycie's Ja 285 Benton Av Winslow ME 049	t tary School unt e	ole to:
T-Shirt: Short Slee Long Sleev Adult or Yo Size: S I	ve\$12.00 ve\$16.00 outh: M L XL		
be d Registra Wir Runr	ary School stude chool wide wellnes accompanied by a stion begins at 7:3 aslow Elementary hers will begin at 8 kers will begin at 8	ss program b in adult. 30 at the School. 3:30 A.M.	
Foundation and a indirectly connecte result of my partic am in proper physicalso authorize the	oyce Ellen Smiley any other sponsor ed to this event fo ipation in this eve	y-Smith Schol r or person di r injuries suffe nt. I further st articipate in the e and/or phot	arship rectly or ered as a rate that I nis race. I ograph
Signature:		Date:	

(Parent or Guardian for participant under 18 yrs old)